

FEELWELL


mia alpina



WELCOME

The pure nature, not just in front of our house, even in our house. This is a part of our philosophy and of our lifestyle. Pure beneficial strengths out of the nature for an optimal care, beauty, vitality and wellness.

We want you to feel comfortable in a familiar and atmosphere and give you time for yourself.



FAMILY KOBLIHA
AND TEAM ARE LOOKING FORWARD
TO SEE YOU

ZEIT
FÜR MICH
ALLEIN

INFORMATION

CHECK IN

Please come 5 minutes before your appointment.

RUNNING LATE

If you are late, the treatment process may change.

CANCELLATION

We ask you to cancel the appointment 12 hour before.

CLOTHING

For your treatment, it is best to wear your bathrobe.

MEDICAL INFORMATION

Please inform us about medical specialties, because some treatments are not recommended for certain complaints.

REST AND RELAXATION

We ask you to leave the mobile phone in the room.

LOCATION

Our alpinafeelwell area is on the ground floor in the new building.

PRICES

All prices are including VAT. Changes, print – and punctuation errors and other errors reserved.

WOODY'S

Open from 07.00 am until 07.00 pm.
NEW Indoor-Activity Pool "Woody's" on two floors with trioslide water slide, separate baby paddling pool, water play area, textile family sauna and "panoramic lounge gallery".



PENTHOUSE SPA

WELLNESS AREA

An oasis for relaxing and sunbathing on the 5th floor.

SKYPOOL

In the thermal pool on the roof terrace you bathe under the open air, all year round at a water temperature of 32 degrees.

SAUNA AREA

Several saunas with panorama view guarantee pure relaxation.

RELAX AREA

Our relax area invites you to rest and dream.

ACCESS TO THE PENTHOUSE SPA IS PERMITTED FROM 16 YEARS OF AGE.

Open from 10.00 am until 20.00 am





M+

mia alpina

FEELWELL

FACIAL TREATMENTS

“MICRODERMABRASION“

exfoliates skin, reduces imperfections

| | |
|--|----------|
| Face (65 min) | € 150,00 |
| Face, neck und cleavage (80 min) | € 185,00 |
| Special treatment with ultrasound (110 min) | € 210,00 |

“ULTRASOUND LIFTING“

Tighten, lift, and rejuvenate skin non-invasively using ultrasound energy for a youthful appearance.

| | |
|--------------------------------------|---------|
| 1 treatment (25 min) | € 50,00 |
| 2 treatments (je 25 min)..... | € 90,00 |

INDIVIDUAL CARE

FOR FACE (80 min)€ 115,00

Experience our individual facial care - a tailor-made treatment with cleansing, peeling facial massage. Eyebrow correction and a mask tailored to your skin type. Treat your skin to the personal attention it deserves and enjoy the treatment

PARAFFIN CARE HAND BATH (30 min)€ 39,00

Immerse yourself in the soothing experience of our paraffin care hand bath. The warm Paraffin bath acts like a regenerating balm for the hands, which not only intensively nourishes the skin, but also has a relaxing effect on the hands.

In combination with a facial treatment€ 28,00

“VITALITY“ (90 min)€ 115,00

Recharge your energy and reawaken your spirits.

„HARMONY“ (75 min)€ 105,00

The skin feels silky, soft and balancing.

„ANTISTRESS“ (75 min).....€ 105,00

Our special facial treatment for the oily skin which tends to impurities.

„SENSITIV“ (60 min).....€ 90,00

Suitable for sensitive, irritated and nervous skin.

VARIOUS TREATMENTS

| | |
|---|---------|
| • Eyelashes coloring | € 15,00 |
| • Eyebrow coloring | € 11,00 |
| • Eyelashes and eyebrow coloring | € 21,00 |
| • Eyebrow shaping | € 11,00 |
| • Eyebrow coloring and shaping | € 18,00 |





HANDS AND FEET

BEAUTYFUL HANDS

The Spa Manicure is an allaround care program for your hands. The "Jessica Method" is specialized for natural nails. Experience the brand new method of a manicure. We are happy to help.

- Manicure without nail polish € 50,00
- Manicure with nail polish € 55,00
- Just polish € 21,00
- French polish € 23,00
- Hand pack with massage € 32,00

BEAUTYFUL FEET

The Spa Pedicure is an allround care program for your feet. Our "ZenSpa" pedicure with aromatic footbath, pedicure and foot massage is pure enjoyment. Get inspired by our exclusive "ZenSpa".

- Pedicure with footbath € 59,00
- Pedicure with footbath and nail polish € 64,00
- Just polish € 21,00
- French polish € 23,00
- Feet pack with massage € 32,00

GELERATION

Long lasting gel coat, which achieve a perfect result up to 3 weeks.

- GELeration Manicure € 63,00
- GELeration Pedicure € 73,00
- GELeration € 46,00

MOMENTS

SPECIAL EYES..... € 42,00

Our special eye treatment included eyelashes coloring, eyebrow shaping and coloring and anti-wrinkle eye treatment.



HAIR REMOVAL WITH HOT WAX

For a very long-lasting smooth feeling, our depilation with warm wax. After hair removal, the skin will get well tendet and calmed down. We do recommend to not visit sauna after the depilation.

- **Underarm** € 26,00
- **Lower leg** € 42,00
- **Entire leg** € 58,00
- **Bikini line** € 31,00
- **Arms** € 33,00

MASSAGES

SCAR TISSUE BALANCING (25 min)..... € 40,00

When the scars are completely deadened,
the scars become softer and more elastic and also visually discreet.

CONNECTIVE TISSUE MASSAGE (50 min)..... € 75,00

This massage is a manual therapy with various techniques.

HONEY MASSAGE (25 min) € 40,00

The ingredients of the honey are absorbed directly from the body.

INTUITIVE MASSAGE

· 50 min € 75,00

· 75 min € 105,00

The massage is adjusted to the guest.

MASSAGECOMBINATIONS

Back massage & food reflexology massage (50 min) € 75,00

Hot Stone Back massage & head-neck-massage (50 min) € 75,00

Head, neck & back massage (50 min)..... € 75,00

Aromatic oil massage & face massage (70 min*)..... € 95,00

Full-body massage & food reflexology massage (75 min)..... € 105,00





MASSAGES

„WITH PURE NATURAL OILS“

These classic massages are a good deed for body and soul. Besides the easing of the muscles, of course the skin functions get activated.

FULL-BODY MASSAGE (50 min) € 75,00

BACK MASSAGE (25 min)..... € 45,00

LEG MASSAGE (25 min) € 40,00

FOOT REFLEXOLOGY MASSAGE (25 min) € 45,00

The human body itself is a „small universe“ whose processes run in ordered, harmonious channels and whose systems constantly communicate, cooperate, and coordinate with each other. The feet reflect our entire body. With the targeted stimulation of the 64 reflex zones on the feet, blood circulation is strengthened, blockages in energy flow are removed, cells are activated, and organ function is improved.

SPORT VITALITY MASSAGE (50 min)..... € 80,00

This is recommended after sports activity. Especially the leg muscles will be loosened and relaxed.

CRYSTAL FOOT MASSAGE +

FOOT BATH (25 min)..... € 40,00

Relaxing, soothing, and vitalizing massage for your feet.

FACE MASSAGE “HARMONY” (25 min*) € 45,00

In this treatment, the face is being pampered with a gentle massage. The blood circulation is stimulated, the face muscles are loosened. In addition, the massage has a calming effect on the autonomic nervous system.

DEACIDIFICATION MASSAGE (75 min)..... € 105,00

An effective way to release acids and waste products from the tissues of the body and to tone and firm it.

LYMPHATIC DRAINAGE (50 min)..... € 80,00

The aim of the massage is to promote the lymph drainage.

EAR CANDLE TREATMENT (30 min) € 35,00

The ear candle treatment has a liberating effect on the throat, nose and ears and also triggers a feeling of security (also suitable for children).

SPECIAL MASSAGES FROM FAR AWAY COUNTRIES

AROMATIC OIL MASSAGE (50 min*) € 79,00

Gently full-body massage with special essential oils. The massage and the pleasant scent of the selected aroma oil lead to a state of inner peace and balance

HOT STONE FULL-BODY MASSAGE (90 min*) € 115,00

HOT STONE BACK MASSAGE (30 min) € 45,00
This statement is a fascinating and unique combination of massage and the pleasant effect of hot stones.

AYURVEDIC FULL BODY MASSAGE (90 min*)..... € 115,00

Enjoy the wonderful experience of an Ayurvedic oil massage and full of peace and harmony for body, mind and soul.

RELAXING MASSAGE (45 min)..... € 65,00

This treatment is smoothing for body and soul, you will loose tenseness and stress. Enjoy the full pampering for your head and neck.



CUPPING MASSAGE (25 min) € 40,00

Cupping massage combines cupping with massage techniques. Cups are placed on the skin to create a vacuum while simultaneous massage is applied. This can improve blood flow and alleviate tension.

FOOT WASHING (20 min) € 39,00

“Foot washing treatment involves soaking, exfoliating, and moisturizing feet for a refreshed and softened feel.”

LIVER WRAPS (40 min) € 45,00

Liver wraps involve placing warm wraps around the abdominal area to support the liver. This traditional treatment aims to promote relaxation and alleviate abdominal discomfort.

SCALP TREATMENT (30 min) € 39,00

A scalp treatment is a care procedure for the scalp, typically involving cleansing, removing buildup, and applying nourishing substances such as oils or moisturizers. This can help improve scalp health and promote hair growth.





BODYTREATMENTS

BODYPEELING

You will get an unforgettable and velvety feeling. After removing the necrotic skin cells your skin will be soft and silky again.

- **ORCHID BODY PEEL** (30 min)€ 45,00
- **APRICOT BODY PEEL** (30 min)€ 45,00
- **HONEY BODY PEEL** (30 min).....€ 45,00

FEELWELL SALT PACK

Salt wrap deacidify and detoxify the body. We recommend our wraps after a massage, at the same time during a facial treatment or in combination with a body peeling.

SALT PACK "VITALITY" (30 min)€ 45,00

SALT PACK "ANTI-CELLULITE" (30 min).....€ 45,00

ORCHID BODY PACK (40 min).....€ 45,00

The skin surface is refined and smoothed.

BODY PACK "ACTIVE"(40 min).....€ 45,00

Slag substances are removed and the vessel walls are strengthened.

BODY PACK "PRO AGE" (40 min).....€ 45,00

This is an intensive care for tired skin.

BODY PACK "RELAX" (40 min).....€ 45,00

Provides the skin with plenty of moisture.

We recommend to make a body peeling before the desired body pack to achieve an even better effect.



WELLNESSPACKAGES FOR HER

HARMONY € 179,00

- full-body honey massage
- facial treatment "harmony"
- manicure

FEELWELL € 149,00

- honey bath
- head, neck & back massage
- pedicure with foot bath

HOT ROCK'N ROLL € 189,00

- orchid body peel
- hot stone back massage
- facial treatment "vitality"

SENSITIV € 145,00

- facial treatment "sensitiv"
- aromatic oil massage.

TIME-OUT € 179,00

- orchid body pack
- back massage
- face massage "harmony"
- foot washing

FOUNTAIN OF YOUTH € 219,00

- back massage
- facial treatment "diamond"
- manicure
- pedicure

WELLNESSPACKAGES FOR HIM

FIT & VITAL € 135,00

- sport vitality massage
- foot reflexology massage
- foot washing

RELAX PAKET € 149,00

- herbal stamp back massage
- pedicure with foot bath
- foot massage
- facial treatment "relax"

PURE MALE € 179,00

- head, neck & back massage
- facial treatment „sensation“
- manicure with hand massage

FEELWELL 



MEN AFFAIRS

FACIAL TREATMENT "POWER" (75 min)..... € 95,00

Our anti-aging treatment specially for men's skin.

Facial treatment "Sensation" (60 min).....€ 78,00

The facial treatment for the stressed skin.

FACIAL TREATMENT "RELAX" (45 min) € 59,00

The kick of freshness for the male skin.

EXTRAS

- manicure€ 50,00
- Spedicure with foot massage€ 65,00
- eyebrow shaping € 14,00

HAIR REMOVAL WITH HOT WAX

- underarm€ 21,00
- chest - slight hairiness.....€ 31,00
- chest - strong hairiness.....€ 45,00
- back - slight hairiness€ 33,00
- back - strong hairiness€ 47,00

KIDSSPA 05-11 YEARS PREGNANCY

BEAUTY TREATMENTS

Facial treatment "fresh" (20 min) € 29,00
Cleaning, gentle massage and a mask.

Facial treatment "clean" (45 min) € 50,00
Cleaning, peeling, cleansing, mask and daily care.

HANDS & FEET

- **manicure with nail polish** € 25,00
- **painting hand- or toenails** € 10,00

MASSAGES

- **back massage** (15 min) € 30,00
- **foot massage** (10 min) € 25,00

This is a very special time. Recharge your batteries for the birth and the time afterwards. We would like to make your holiday very special and therefore we have some special packages. Our employees are also happy to advise you personally.

During this wonderful time, we can recommend the following applications:

- facial treatments
- manicure & pedicure
- head & neck massage
- foot massage

BABYMOON € 165,00

- head & neck massage
- pedicure
- facial treatment "harmony"

TEENIESPA 12-15 YEARS

BEAUTY TREATMENTS

Facial treatment "fresh" (20 min) € 39,00
Cleaning, gentle massage and a mask

Facial treatment "clean" (45 min) € 59,00
Cleaning, peeling, cleansing, mask and daily care.

HANDS & FEET

- **manicure with nail polish** € 29,00
- **painting hand- or toenails** € 10,00

MASSAGES

- **back massage** (15 min) € 39,00
- **foot massage** (10 min) € 29,00

ALPINI PRINCESS TREATMENT (45 min) € 55,00

Facial cleansing, a magical peeling, a relaxing mask and an enchanting nail painting. Treat your children to this royal treat!

ALPINI PRINCE TREATMENT (25 min) € 42,00

A gentle facial cleansing, a relaxing facial massage and a subsequent mask.

HAPPY BABY € 169,00

- facial treatment "harmony"
- manicure
- foot massage with foot bath



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